



**FOR IMMEDIATE RELEASE**

**February 6, 2024**

## Older Athletes Find Competition and Community on Day Two of the ASCSG *Older adults across the country teamed up to cheer each other on.*

CANADA – The All Seniors Care Games entered its second day with a strong showing from all the athletes. On Tuesday, February 6<sup>th</sup>, 2024 thousands of seniors *bouled* in a quest to win a National Medal.

The first day of competition and Day 2 of the ASC Senior Games kicked off when older adults at All Seniors Care Living Centres limbered up with a game of Bean Bag Toss before turning their attention to the National Medal in Pétanque atout. It was the perfect way to get everyone into the competitive spirit!

Basic etiquette dictates that Pétanque be accompanied by a lot of noise like rattling balls, loud voices, and cries of encouragement. ASCSG participants did not let their fellow players down! Whoops and hollers of support echoed around the residences as players stepped up to the throw or paced out their distances. In a show of great sportsmanship, a resident at Cedarcroft Retirement Residence in Stratford, ON, Stuart called out to a competitor as he was about to throw his the pétanque ball, “Let’s go for gold buddy!”

The day was full of excitement, cheers, and laughter with competitors aged 65 to 101 battled it out for medals and bragging rights at 28 retirement communities across Canada.

Congratulations to all medalists, competitors, spectators, and presenters! The Seniors Games are part of the All Seniors Care commitment to providing seniors with innovative ways to develop and maintain an active, healthy lifestyle and run until February 9th. Spectators and participants are always welcome! Upcoming activities include:

Wednesday, February 7<sup>th</sup> – Ladder Ball (National Event) and Cornhole

Thursday, February 8<sup>th</sup> – Card Games, Bocce, Shuffleboard

Friday, February 9<sup>th</sup> – Jeopardy, Bingo, Closing Ceremony

**Event Information:** Bruce Lillie, [blillie@allseniorscare.com](mailto:blillie@allseniorscare.com) or 416.323.3773 ext. 383.

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### **About All Seniors Care Living Centres Ltd.:**

All Seniors Care, where caring is our number one concern, is setting the standard of excellence in luxury retirement living. Founded on an unwavering commitment to exceptional care, All Seniors Care is dedicated to creating and operating the best senior’s facilities by providing the highest level of care to seniors. For more information, please visit our website at <http://www.allseniorscare.com/>.